

# American Heart Association – 10<sup>th</sup> Annual Heart & Stroke Ball Menu

## Guests will be served...

Red Pepper Soup with heart-shaped croutons

Boston Lettuce Salad with candied Pecans, Grape Tomatoes, fresh Cucumbers, Sundried Cranberries, with a Sherry vinaigrette dressing

## Guests will enjoy a third course selection from the following:

Charbroiled Buffalo Strip Steak with Foie Gras butter and Onion Straws accompanied by a Truffle Double Baked Potato and Roasted Butternut Squash in Rapini

Or

Portobello Wellington in Spinach and Artichokes accompanied by Baby Vegetables and Smoked Tomato Coulis

## VIP Table Sponsored Guests will be served...

Soup...

Oven Roasted Wild Mushroom  
Shitake, Cremini and White Button Mushrooms slow cooked with Shallots, Sherry, fresh Thyme,  
Veggie stock and a touch of Cream

Salad...

Pan Seared Crab Cake Salad  
A blend of crab, poblano chile, roasted red bell pepper, honey and fresh orange juice dressed with a lite pineapple vinaigrette and mango salsa

## Guests will enjoy a third course selection from the following:

Dave's Smokey Rubbed Filet  
Smokey Rubbed Grass Fed Filet finished with Groovy Gorgonzola Cream served with Sweet Potato & Cauliflower Puree and Seasonal Roasted Vegetables

Or

Cider Marinated Pork Tenderloin marinated overnight in Hoisin & Fresh Apple Cider then dressed with a savory Apricot & Mango Chutney accompanied by a Currant, Red Bell Pepper & Almond Cous Cous & Seasonal Roasted Vegetables

Roasted Butternut Squash Ravioli  
With an Apple Brandy Shallot Glaze, Toasted Walnuts & Shaved Parmesan